

STUTSMAN COUNTY BEHAVIOR RISK FACTORS

	Stutsman County 2006 % (95% CI)	ND 2006 % (95% CI)
Activity Limitation and Quality of Life		
Percentage who reported a limitation in any activities due to an impairment or health problem.	16.3 (12.8-19.8)	15.3 (14.1-16.5)
Percentage who reported 8 or more days in the past 30 when their physical health was not good.	12.5 (8.9-16.2)	10.6 (9.4-11.7)
Percentage who reported 8 or more days in the past 30 when their mental health was not good.	9.2 (5.5-12.9)	9.5 (8.2-10.8)
Percentage who reported 8 or more days in the past 30 when their physical or mental health keep from usual activities.	5.0 (3.2- 6.9)	5.4 (4.4- 6.3)
Alcohol Use		
Percentage who reported heavy drinking (>2/day for men, >1/day women).	3.4 (1.7- 5.1)	4.4 (3.5- 5.4)
Percentage who reported five or more drinks (men) or four or more drinks (women) on one occasion at least once in past month.	17.2 (12.8-21.7)	21.0 (19.2-22.8)
Asthma		
Percentage age 18 and older who report ever having been told by a doctor, nurse or other health professional that they had asthma.	11.5 (7.7-15.4)	10.3 (8.9-11.7)
Percentage age 18 and older who reported current asthma.	8.2 (4.8-11.7)	7.1 (5.9- 8.2)
Percentage of children with ever asthma	7.8 (3.5-12.1)	10.1 (8.1-12.2)
Percentage of children with current asthma	6.4 (2.4-10.4)	7.3 (5.6-9.1)
Colorectal Cancer Screening		
Percentage age 50 and older who reported that they have not had a fecal occult blood test in the past two years.	70.9 (64.9-76.8)	78.0 (76.2-79.9)
Percentage age 50 and older who reported that they have not a sigmoidoscopy or colonoscopy in the past five years.	50.6 (43.6-57.6)	54.8 (52.6-57.1)
Percentage age 50 and older who reported that they have never had a sigmoidoscopy.	40.4 (33.4-47.3)	43.5 (41.3-45.8)

Diabetes		
Percentage who reported that they had ever been told that they had diabetes, except during pregnancy only.	6.9 (4.5- 9.4)	6.7 (5.9- 7.5)
Health Care Access		
Percentage who reported no health insurance or other health care coverage.	9.8 (6.3-13.2)	11.6 (10.2-13.0)
Percentage who reported being unable to see a doctor due to cost one or more times during the past 12 months.	7.1 (4.6- 9.5)	7.6 (6.5- 8.7)
Percentage who reported that they did not have one person that they considered to be their personal health care provider.	13.2 (9.5-17.0)	24.5 (22.6-26.3)
Health Status		
Percentage who reported that in general their health was fair or poor.	12.3 (9.3-15.4)	11.5 (10.3-12.6)
Heart Attack and Stroke		
Percentage who reported ever being told by a doctor, nurse or other health professional that they had had a heart attack or myocardial infarction.	4.9 (2.7- 7.0)	4.0 (3.4- 4.6)
Percentage who reported ever being told by a doctor, nurse or other health professional that they had angina or coronary heart disease.	3.6 (2.1- 5.2)	4.0 (3.4- 4.6)
Percentage who reported ever being told by a doctor, nurse or other health professional that they had had a stroke.	1.4 (0.4- 2.4)	2.0 (1.6- 2.4)
Percentage who report heart attack, heart disease or stroke.	7.3 (4.8- 9.8)	7.0 (6.3- 7.8)
Immunization		
Percentage age 65 and older who reported that they had not had an influenza vaccine within the past 12 months.	35.7 (26.7-44.6)	28.4 (25.6-31.3)
Percentage age 65 and older who reported that they had never have a pneumococcal vaccine.	26.3 (17.7-34.8)	30.6 (27.6-33.6)
Injury Control		
Percentage who reported that they did not always use a seatbelt.	38.8 (33.3-44.2)	41.6 (39.7-43.6)
Percentage age 65 and older who reported having fallen in the past three months.	15.6 (8.9-22.2)	16.4 (14.0-18.7)
Occupation		

Percentage of working adults who missed 10 or more days of work in the past 12 months due to physical illness	6.1 (2.9- 9.3)	4.8 (3.9-4.7)
Percentage of working adults who missed ANY days of work in the past 12 months due to mental or emotional illness.	4.2 (1.9- 6.5)	5.7 (4.5-6.8)
Obese and Overweight		
Percentage who are either overweight or obese based on self-reported height and weight.	68.9 (63.5-74.3)	64.5 (62.5-66.4)
Percentage who are overweight but not obese based on self-reported height and weight.	41.1 (35.4-46.9)	39.1 (37.2-41.0)
Percentage who are obese based on self-reported height and weight.	27.7 (22.8-32.6)	25.5 (23.8-27.2)
Oral Health		
Percentage who reported that they had not visited a dentist or dental clinic within the past two years.	18.6 (14.2-23.1)	19.2 (17.8-20.7)
Percentage who reported that they had six or more permanent teeth removed due to tooth decay or gum disease.	17.1 (13.7-20.5)	16.2 (15.0-17.4)
Physical Activity		
Percentage who reported no leisure time physical activity.	23.3 (19.1-27.5)	22.0 (20.4-23.5)
Prostate Cancer		
Percentage of men age 60 and older who have not had a PSA test in the past two years.	19.0 (7.8-30.2)	25.1 (20.9-29.2)
Tobacco		
Percentage who reported current smoke cigarette smoking some days or everyday.	18.9 (14.1-23.7)	19.5 (17.9-21.2)
Percentage of smokers who reported that during the past 12 months they HAD stopped smoking for one day or longer because they were trying to quit	38.5 (26.0-51.0)	49.1 (44.2-53.9)
Women's Health		
Percentage of women ages 40 and over who reported that they have not had a mammogram within the past two years.	21.7 (15.4-28.0)	22.8 (20.7-24.9)
Percentage of women ages 18 and older with a uterine cervix who reported that they have not had a pap smear within the past three years.	24.4 (16.1-32.6)	15.5 (13.3-17.7)